
Clutter Image Rating

Client initials: _____ Date: _____ Therapist: _____

Using the 3 series of pictures (CIR: Living Room, CIR: Kitchen, and CIR: Bedroom), please select the picture that best represents the amount of clutter for each of the rooms of your home. Put the number on the line below.

Please pick the picture that is closest to being accurate, even if it is not exactly right.

If your home does not have one of the rooms listed, just put NA for “not applicable” on that line.

Room	Number of closest corresponding picture (1–9)
Living Room	_____
Kitchen	_____
Bedroom #1	_____
Bedroom #2	_____

Also, please rate other rooms in your house that are affected by clutter on the lines below. Use the *CIR: Living Room* pictures to make these ratings.

Dining room	_____
Hallway	_____
Garage	_____
Basement	_____
Attic	_____
Car	_____
Other	_____ Please specify: _____

Clutter Image Rating Scale: Kitchen

Please select the photo below that most accurately reflects the amount of clutter in your room.



1



2



3



4



5



6



7



8



9

Figure 2.1
Clutter Image Rating Scale: Kitchen.

Clutter Image Rating: Living Room

Please select the photo below that most accurately reflects the amount of clutter in your room.



1



2



3



4



5



6



7



8



9

Figure 2.2

Clutter Image Rating Scale: Living Room.

continued

Clutter Image Rating: Bedroom

Please select the photo that most accurately reflects the amount of clutter in your room.



1



2



3



4



5



6



7



8



9

Figure 2.3
Clutter Image Rating Scale: Bedroom.